

CANADA WINTER GAMES 2015 PRINCE GEORGE
SELECTION CRITERIA

To be eligible for the 2015 Canada Winter Games Saskatchewan Cross Country Ski & Para-Nordic Team, athletes must be a member of a recognized Cross Country Saskatchewan (CCS) cross country ski club, be a Cross Country Canada (CCC) racing license holder and be a resident of Saskatchewan. Para-nordic athletes need to be classified prior to December 14th, 2014. Those athletes residing in a border club whose permanent residence is in a neighboring province may still be eligible for the Sask team with special permission required from the Canada Games Council. Please identify yourself by October 20th, 2013 to the Provincial Coach / High Performance Director if you are interested in trying out for the Sask team.

Eligibility Guidelines:

- 1) To be eligible for the CWG 2015, abled bodied athletes must be born 1992 and later and para-nordic athletes must have been born 1980 and later. Exemptions may be available for older para-nordic athletes. Refer to the 2015 Canada Winter Games Cross Country Skiing & Para-Nordic Technical Package for details. Younger athletes will be allowed to be part of the team and could be selected if their performance will prove that they have the ability to represent Saskatchewan at the 2015 CWG.
- 2) The athlete must register by October 20th, 2013 by submitting an application form and \$200 registration fee to Cross Country Saskatchewan. Athletes must commit time and effort to daily training, training camps and competitions. The application form and details of the training plan, competition plan and Athlete's Agreement are in "Annex A" of this document.
- 3) Athletes must be on a year-round training program approved and monitored by the club and provincial coaching staff. The training program must include cross training activities as well as specific cross-country ski activities.
- 4) Athletes are encouraged to attend a minimum of five of the six CCS training camps over the course of the next two seasons.
- 5) Athletes moving to Saskatchewan in 2014 are still eligible to be selected for the 2015 CWG if they have reached 81 CPL points in spring races and/or 78 CPL points in distance races during the previous season (2013 – 2014). They must have maintained these results in the races scheduled in November – December 2014 as well as January 2015 and must be competitive with other Saskatchewan athletes. These athletes are subject to the same fees and registration procedures as all other athletes in the provincial ski program.

Selection Process:

- 1) The High Performance Committee will recommend to the CCS board the pre-selection of two athletes for the 2015 CWG team at the end of the 2013-2014 season - one male and one female, based on races during the racing season 2013 – 2014. These pre-selected athletes must continue to follow a structured training and competition plan approved by the provincial coaching staff throughout the 2014 – 2015 season.

**CANADA WINTER GAMES 2015 PRINCE GEORGE
SELECTION CRITERIA**

- 2) The Saskatchewan 2015 CWG team will be officially named and announced January 12th, 2015 by the CCS board, based on the recommendations of the High Performance Committee following the published criteria and results from identified selection races.
- 3) Alternate athletes (two males and two females) will also be named on January 12th, 2015 in the event one of the team members is unable to compete at the CWG.

Athlete Protest Procedure:

All appeals must be presented in writing by noon Wednesday, January 15th, 2015 to the CCS President. Appeals will be reviewed with a decision rendered by January 20th, 2015.

The appeal committee will consist of:

- a Sask Sport representative
- the CCS president
- an independent individual not involved in Cross Country Skiing
- Provincial Technical Director / High Performance Coach (non voting member)

Selection Races:

- all athletes, regardless of residency, must compete in two Sask Cup events at two different locations from the list below during each season leading into the CWG (two in the 2013-2014 season and two in the 2014-2015 season).

- all athletes must compete in one additional race from the list below during the 2013-2014 season.

Selection races 2013 - 2014 season

- Sask Cup 3 & 4, LaRonge, SK Dec 7th, 2013 (alt. date Dec 14th)
- WJCH Trials, Canmore, AB Jan 9 - 12th, 2014
- Sask Cup 5 & 6, Saskatoon, SK Jan 11th, 2014
Western Canadian
Champ, Prince George, BC Feb 14-16th, 2014
- Sask Man Provincial Champ, Flin Flon, MB Feb 22-23rd, 2014
- Nationals Corner Brook, NF March 15-22nd, 2014

Selection races 2014 - 2015 season - proposed dates for races

- Sask Cup race Dec 5-7th, 2014
- Sask Cup race Dec 12-14th, 2014
- Sask Cup race Dec 19-21st, 2014
- Alberta cup or other national event Jan 9-11th, 2015

NOTE: CCS will make every attempt to ensure that the Sask Cup races on the above lists are sanctioned CCC races where CPL points can be accrued.

**CANADA WINTER GAMES 2015 PRINCE GEORGE
SELECTION CRITERIA**

Accruing Selection points

Skiers will be ranked during two periods:

- **Period #1** Ski season 2013 -2014 races are specified above.
- **Period #2** Ski season 2014 -2015 begins in Nov. 2014 and end Sunday Jan. 11th, 2015

Period one points will be calculated from CPL points. For those skiers without CPL points, Sask Cup Points will be considered.

- Skiers fulfilling the required criteria will be ranked based on calculated points for period 1.
- Points from period one will contribute 30% towards the final selection process.

Period two points will be calculated from CPL points. For those skiers without CPL points, Sask Cup Points will be considered.

- Skiers fulfilling the required criteria will be ranked based on calculated points for period 1.
- Points from period one will contribute 70% towards the final selection process.

Selection Points Calculation:

- In order to be considered for the CWG team, skiers must have accrued points in both periods.
- Points will be calculated using all races where CPL points were accrued, removing the lowest and highest point races and averaging the remaining races (ie. If a skier raced in 5 races, the highest and lowest CPL points would be removed and the remaining 3 races will be averaged together for a point total for period 1).
- Points will be calculated from Period 1 multiplied by 0.3 and from Period 2 multiplied by 0.7. Factored points from Period 1 and Period 2 will be summed to calculate the final points.
- In the event of a tie, skiers will be ranked based on CPL points at races where they competed together.
- As the Para-Nordic (PN) CPL points are not recommended for selection at this time, the PN Coaches will make the final subjective selection for the PN Athletes.

Team Composition

Able Bodied: 5 Males and 5 Females
Para-Nordic: 2 Males and 2 Females

Staff: 3 coaches (1 designated for Para-Nordic),

**CANADA WINTER GAMES 2015 PRINCE GEORGE
SELECTION CRITERIA**

1 Manager,
1 Wax Technician